

Understanding Binding and Loosing

This booklet is a practical, scripture-based guide that reveals how to exercise your God-given authority through the principle of binding and loosing. Sharing a personal testimony of overcoming fleshly desires and marital struggles, it demonstrates how the exact same spiritual warfare mechanics used to resist sin apply to defeating sickness, overcoming financial lack, and interceding for others. Readers will learn how to enforce the finished work of Christ on the cross—actively forbidding the enemy's interference while releasing God's promises of health, provision, and spiritual freedom over every area of life



**MUSTARD SEED
BOOKLETS**

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A Mustard Seed Booklet

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Introduction

Understanding spiritual warfare begins with grasping the foundational authority Jesus gave to every believer: the power to bind and loose.

Matthew 16:19 (Amplified Bible)

"I will give you the keys of the kingdom of heaven; and whatever you bind (declare to be improper and unlawful) on earth shall have been bound in heaven, and whatever you loose (declare lawful) on earth shall have been loosed in heaven."

Matthew 18:18 (Amplified Bible)

"I assure you and most solemnly say to you, whatever you bind (forbid, declare to be improper and unlawful) on earth shall have been bound in heaven, and whatever you loose (permit, declare lawful) on earth shall have been loosed in heaven."

In the original Greek text, the phrasing for "shall have been bound" (*estai dedemenon*) and "shall have been loosed" (*estai lelumenon*) carries a specific perfect passive participle structure. In simple terms, this means that what you speak on earth is enforcing a heavenly reality that has **already been settled**. You are not persuading God to act; you are executing the authority of a divine judgment against the forces of darkness that Christ has already accomplished on the cross.

In practical terms, **Binding is not allowing what Jesus has already paid for you to have in Him—forbidding the enemy from operating in your life—and loosing is releasing and declaring what Jesus has already**

done and provided for you. By doing so it allows God to establish what Jesus has done for you to be a reality in our lives.

After releasing the teaching booklet; Faith is Spiritual Warfare Too. I asked the Lord a simple question: "How do I deal with the enemy?" He brought me right back to a truth He gave me in my late twenties when I first got married concerning binding and loosing.

Back then, I was dealing with issues in my marriage and life. Someone gave me a book titled *Reverse the Curse*. As I read it, it talked about how generational curses were real and had to be broken. As I got into the Word, I realized Jesus redeemed us from the curse of the law.

Galatians 3:13

"Christ has redeemed us from the curse of the law, having become a curse for us..."

Somewhere through that, I got a revelation on binding and loosing. I began to bind the works of the flesh found in the book of Galatians. Every morning and throughout the day, I would look at the scripture, read it, and bind every aspect of the works of the flesh over my life.

Galatians 5:19–21

"Now the works of the flesh are evident, which are: adultery, fornication, uncleanness, lewdness, idolatry, sorcery, hatred, contentions, jealousies, outbursts of wrath, selfish ambitions, dissensions, heresies, envy, murders, drunkenness, revelries, and the like..."

Then I would declare that I loose the fruit of the Spirit over my life.

Galatians 5:22–23

"But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control."

I reckon myself dead to sin and alive to Christ.

Romans 6:11

"Likewise you also, reckon yourselves to be dead indeed to sin, but alive to God in Christ Jesus our Lord."

I began to deal with the sin nature in my flesh. When dealing with issues like lust and wrong desires, I stood on the Scripture out of the book of Job. I would say, "My eyes are for my wife and my wife only; I desire to sleep with her and her only."

Job 31:1

"I have made a covenant with my eyes; why then should I look upon a young woman?"

I would bind the sinful passions and thoughts, saying, "Satan, I bind you and every demonic activity." I declared that Jesus sits on the throne of my heart, Him and Him only. I just kept saying that, and one day I realized I had changed. I was a different person. It worked and to this day it amazes me.

So when I asked the Lord how to deal with the devil in my health and finances. He got me to see that I have to bind the enemy the same way I bound the enemy to resist sin back in the day. It was a light bulb moment for me. We have to fight against financial lack, shortage, sickness, and disease the exact same way you fight against sin. If you are not willing to resist against sin, you will not win. The same is true in every area of life.

Jesus showed us this key when Peter declared who He was. Then Jesus said: Upon the rock of revelation knowledge—declaring who Jesus is—He builds His church and the gates of hell will not prevail against us.

Matthew 16:18–19

"And I also say to you that you are Peter, and on this rock I will build My church, and the gates of Hades shall not prevail against it. And I will give you the keys of the kingdom of heaven, and whatever you

bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven."

This is the key and principle of authority for us to use daily.

Matthew 18:18

"Assuredly, I say to you, whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven."

This is spiritual warfare. Jesus said you must first bind the strong man.

Matthew 12:29

"Or how can one enter a strong man's house and plunder his goods, unless he first binds the strong man? And then he will plunder his house."

The enemy will never stop trying to send negative thoughts, doubt, and disbelief concerning the promises of Jesus. You have to push back, speak back against it, and tell hell "no." We pull down those thoughts with our spiritual weapons.

2 Corinthians 10:4–5

"For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ."

Sweeping the house clean is not enough. If you don't guard your heart thoughts that don't line up with what Jesus has done for you, and fill your heart with the Word of God, the enemy will try to come back in.

Luke 11:24–26

"When an unclean spirit goes out of a man, he goes through dry places, seeking rest; and finding none, he says, 'I will return to my house from which I came.' And when he comes, he finds it swept and put in order. Then he goes and takes with him seven other spirits more wicked than himself, and they enter and dwell there; and the last state of that man is worse than the first."

Please understand the importance of this. You have to fill your heart with the Word and guard it.

When it comes to finances, if you pay your tithes, you bind the thief and tell him he has no legal right to hinder, block, or interfere in your financial affairs.

John 10:10

"The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly."

Malachi 3:10–11

"Bring all the tithes into the storehouse... And I will rebuke the devourer for your sakes, so that he will not destroy the fruit of your ground..."

Then you loose the scriptures that promise you wealth and provision.

Philippians 4:19

"And my God shall supply all your need according to His riches in glory by Christ Jesus."

Proverbs 13:22

"...the wealth of the sinner is stored up for the righteous."

2 Corinthians 9:8

"And God is able to make all grace abound toward you, that you, always having all sufficiency in all things, may have an abundance for every good work."

When it comes to sickness and disease, you bind it and you loose the healing and health provided by Jesus.

Isaiah 53:4–5

"Surely He has borne our griefs and carried our sorrows... And by His stripes we are healed."

Matthew 8:17

"He Himself took our infirmities and bore our sicknesses."

Romans 8:11

"But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ from the dead will also give life to your mortal bodies through His Spirit who dwells in you."

And when it comes to getting people saved and delivered, you bind the spirit of blindness over their lives and loose the light of the Gospel.

2 Corinthians 4:3–4

"But even if our gospel is veiled, it is veiled to those who are perishing, whose minds the god of this age has blinded, who do not believe, lest the light of the glorious gospel of Christ, who is the image of God, should shine on them."

Acts 16:31

"Believe on the Lord Jesus Christ, and you will be saved, you and your household."

This is a very simple thing. It is a continual fight with the weapon of the Word of God by binding the enemy and loosing the provisions that Jesus has already given us. Once you get the simplicity of it, you've got it.