

Understanding the Mechanics of Faith



MUSTARD SEED
BOOKLETS

Pastor Larry Folson, Fijcc.org

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A Mustard Seed Booklet

By Pastor Larry Folson

fijcc.org

Introduction

This teaching reveals the true spiritual mechanics of how faith operates so you can walk consistently in victory. You will learn why true faith resides in your born-again spirit rather than your soul or intellect, how to rest in the reality that God has already completed what He promised, why trust is the essential ingredient of faith, and how staying on God's ordained path of obedience causes His blessings to manifest naturally and automatically in your everyday life.

The Spiritual Reality of Faith

The victory in any battle we face does not begin in the physical realm—it begins on the inside of us. It is not until a person understands how to live out of their born-again spirit that they can walk in consistent victory. Once you realize that the battle you are fighting is purely spiritual, everything changes. The scripture declares that we have the same spirit of faith. Faith does not belong to your mind, your emotions, or your physical body; faith belongs to your spirit. When you make that spiritual connection and learn to operate out of your spirit instead of your natural senses, you step directly into the peace and power of the Kingdom of God.

2 Corinthians 4:13

And since we have the same spirit of faith, according to what is written, “I believed and therefore I spoke,” we also believe and therefore speak,

We have born-again spirits, but believers have not been trained or taught how to live out of them. Instead, they live by their emotions, their soul, and their intellect. They think they are living out of their spirit, but they are not.

They know what the scripture says mentally, but they do not know how to live out of the spirit of the Word. Because faith is of the spirit, learning to live from your spirit is what gives you total dominion and control over the enemy in your everyday life.

Faith is really that simple: God speaks the end at the beginning. He declares a matter complete before it ever shows up in the physical world. The whole mystery of faith is understanding that in the spirit realm, it is already done. People struggle with this and ask how they can say it is finished when they cannot yet see it, feel it, or touch it. They struggle because they are looking through natural eyes and missing the spiritual reality entirely. It is already done spiritually.

Ephesians 1:3

**Blessed be the God and Father of our Lord Jesus Christ,
who has blessed us with every spiritual blessing in the
heavenly places in Christ,**

The Word says He has blessed us with all spiritual blessings in heavenly places in Christ Jesus. "All" means all. You are not waiting on God to bless you—you are blessed already. But spiritual blessings do you no good if they remain locked in the spiritual realm; they must become natural manifestations in your everyday life for you to enjoy them. That is why understanding how to release your faith from your spirit is what brings what God has already done into the natural world.

Understanding the Code of Consistency

Many believers have walked by faith and seen results, but they did not understand what they did to make it work. It is like fixing something on your phone or doing a task at work where you get it to work once, but then you cannot do it again because you do not remember what you did. We have been making it work at times, but until we know what we did to make it work, we cannot be consistent. Once you understand the exact steps and the process of faith, you can be consistent and proficient.

Proverbs 3:5-6

Trust in the Lord with all your heart, And lean not on your own understanding; In all your ways acknowledge Him, And He shall direct your paths.

One time I lost the key fob to my motorcycle, and it would not start. You can do a manual start on that bike without the key, but there is an exact combination of steps you have to do. You have to turn the key on, wait for the radio to come on, push the brake, push a certain button three times, and enter the code combination. I looked up the combination, entered the code, and the bike started right up. But when I cut it off, I could not start it again because I forgot the combination and had to go look it up again.

It is the exact same way with faith. If you do not understand the mechanics of faith and the steps of the process, you cannot be proficient. You might accidentally do something that works, but when you get back in a tough situation, you wonder why it is not working. You forgot the spiritual steps.

When I had to deal with a court situation over a financial debt being collected against me. What did I do? I cast my care completely upon the Lord. I refused to worry about it. I refused to stay up and study it. I said, "Lord, I am done. I gave it to You. You are my Lord, You are my Shepherd, and You are going to provide and take care of me."

As I was sitting there, the Holy Spirit brought to my remembrance an earlier time in my life when I was younger and had gotten pulled over with drug charges brought against me. Back then, I just sat there before the judge, and God was with me—the prosecuting attorney looked at me, changed his mind, and reduced those felony charges down to misdemeanors with no severe penalty. The Holy Spirit reminded me of that to show me how God operates: God touches a person's heart and mind to judge in your favor because He will not let anyone harm you.

So in this debt situation, I remembered that, gave it completely to God, refused to worry about it, and rolled that care over without touching it again in my thought life.

1 Peter 5:7

casting all your care upon Him, for He cares for you.

Abraham's Faith and Releasing the "How"

Faith is operating in the reality that it is already done. Until you understand "it is done" faith, you are not really in faith. Look at Abraham. He believed that God was able. God told him that He had already made him the father of many nations. It was already done; Abraham just had to believe it, accept it, and allow it to come to pass. God waited until Abraham could no longer do it in his own physical ability so that he could not brag, because it is not of faith when you are trying to make it happen in your own ability.

Romans 4:17

**(as it is written, "I have made you a father of many nations")
in the presence of Him whom he believed—God, who gives
life to the dead and calls those things which do not exist as
though they did;**

Trust is the main ingredient of faith. Trust completes your faith. You have to trust God to bring His Word to pass and trust Him to manifest it.

When I gave my truck away to help a Christian brother, I did it in love, and I prayed, "Lord, I need a car to drive as I step out in full-time ministry to get around." I sowed the seed, asked God, told Him what I needed in return, and went on living my life. After some time had passed, I saw a glimpse in my spirit of a red car with a tan interior. The moment I saw it, I said, "I receive." A few days later, I got a call from Dr. Ed Wilcox Pastor of Faith Christian Center: asking if I had been believing for a car, and there it was. It was a red Mazda Protégé. I considered Dr. Wilcox my mentor, and I was his protégé, which is exactly how Dr. Wilcox knew in his spirit that the car

was meant for me. God knows how to speak to people and get them to understand what is for you.

I did nothing in the natural to make it happen. I had no idea how the car was going to come about. I did not sit around trying to figure out how to buy a car. I simply sowed the seed, stated the need, received it when God revealed it in my spirit, and left it alone. God performs His Word because He said He would. The "how" it is going to come about is where people get hung up.

The same thing happened when I wanted to work for Cincinnati Bell. I saw on television that they were rolling out fiber, and I said, "Lord, I would love to work for them." That is all I said. Later on, while working for the cable company, I got frustrated because there was no room for promotion. The Manager hired his son above me, who had no experience and I was tired of it, so I quit. I went to see my friend Rick, and he told me about a company called ACI that contracted with Cincinnati Bell. I reached out, got hired as a contractor, and worked with Cincinnati Bell. Later, they phased that contracting out and pulled me directly in-house. God answered my prayer completely, even though I never filled out an application directly with Cincinnati Bell at the start.

The Process of Manifestation and the Ordained Path

People struggle with faith because they want everything to happen instantly. Manifestation is not always instant; it is a process, especially when natural things and people are involved. You have to give God the opportunity and the time to work on people's hearts. You have to be patient, take authority in your spirit, rebuke the enemy, and declare that it is so. Our God and Father is faithful to His Word and your faith in it. You must believe that God is working in the invisible to bring to pass His promises in your nature. He's working things out for you even though it doesn't look like it is.

Mark 4:26-28

And He said, "The kingdom of God is as if a man should scatter seed on the ground, and should sleep by night and

rise by day, and the seed should sprout and grow, he himself does not know how. For the earth yields crops by itself: first the blade, then the head, after that the full grain in the head.”

The Kingdom manifests its promises just like a seed planted in the ground. The man rises night and day, and the crop grows and becomes a reality, though he does not know how. You do not have to know the process or figure out the mechanics of how God will do it. You simply get up day by day, live godly, enjoy your life, keep believing, keep fellowshiping, keep meditating on the Word, and the manifestation will come.

Ephesians 2:10

For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.

This is what Ephesians 2:10 means by the path. God has ordained a path for your life, and all the spiritual blessings in heavenly places are placed along the times and seasons of that path. If you stay on the path of obedience, you will walk right into all the blessings. You do not have to chase the blessing; you just stay on the path by living godly and doing what God told you to do, and you will walk right into what He prepared beforehand.

That is how we had to walk when we were facing a serious financial crunch and did not know how we were going to pay our rent. Instead of panicking or trying to force something to happen, a single scripture kept rising up on the inside of my spirit: God is able to make all grace abound toward me so that we have sufficiency in all things. That was the word from the Spirit, and that was all I needed to stand on. I refused to let fear or worry get in. I said, "Lord, You have a plan. Even if we have to move, You have a better place for us." I stood on the Word, stayed on the path in total rest without any fear, and God worked the entire situation out. That is what faith looks like.

2 Corinthians 9:8

And God is able to make all grace abound toward you, that you, always having all sufficiency in all things, may have an abundance for every good work.

If you are stressing, you are not resting. Faith rests in what God said He will do. You declare and decree what Jesus has already established and done for you, not what you feel or see with your natural eyes.

Job 22:28

You will also declare a thing, And it will be established for you; So light will shine on your ways.

Environment, Logic, and Spiritual Evidence

Faith is the vehicle by which God manifests His Word in the earth. It is like the water pipes in your house. The purpose of the pipes is to bring the water into your home. When you need water, you turn the valve on, and the water flows out. That is how faith operates: when you open your heart and believe the Word, faith acts as the pipe that allows God to manifest His power and blessings in your life.

The seed of the Word works in a believing heart, but just like a natural plant, that seed must have the right environment and good soil to grow and become healthy. If you need healing and you are in a church environment that does not believe in divine healing, you will not receive it because they do not have faith for it. They will not even preach faith scriptures to you because they believe miracles passed away with the apostles. If you are in a place that does not teach you how to walk by faith, you will never be successful because they only teach intellectual faith, emotional faith, and religious tradition rather than spiritual faith out of a born-again spirit.

Many believers operate in Thomas faith. They refuse to believe God until they can see it, touch it, and feel it.

John 20:29

Jesus said to him, “Thomas, because you have seen Me, you have believed. Blessed are those who have not seen and yet have believed.”

Thomas faith is completely intellectual and sense-bound. When you live by sense knowledge, you limit God to your own education, your personal income, and your human ability. You cannot see God blessing you beyond your paycheck or giving you a house or car beyond your own means.

People allow human logic to block them from believing in the miracle-working power and ability of God. They search for a logical reason before they will believe, but God's blessings do not operate on human logic.

The Word of God is your evidence. Like ordering a computer online, it may be in transit where you cannot physically hold it yet, but your receipt is the proof that it exists and belongs to you. You cannot naturally prove Jesus was raised from the dead with physical evidence; the Word is your evidence, and God brings the manifested proof through His miracle-working power.

Hebrews 11:1

Now faith is the substance of things hoped for, the evidence of things not seen.

Stay on the path of obedience. When the children of Israel left Egypt, they entered the wilderness and began complaining because the wilderness did not look like a land of milk and honey. They failed to realize that the wilderness was simply the path to the blessing. When you walk through the valley of the shadow of death, do not get off the path just because your natural surroundings look unpromising. Keep rising night and day, keep trusting God, stay on His ordained path, and every spiritual blessing will manifest in your life.